

Creamy pasta Salad

Ingredients

- 5 oz (142 g) low protein pasta
- ⅓ cup (50 g) cherry tomatoes, chopped
- ¼ cup (45 g) olives
- ¼ medium (50 g) cucumber, chopped
- 2 Tbsp fresh chives, sliced
- 1 handful (12 g) fresh basil, torn or roughly chopped
- 1 garlic clove, crushed
- ¼ cup (60 g) vegan mayonnaise
- Salt and pepper, to taste



Method

1. Cook the low protein pasta according to box directions.
2. In a large bowl, combine tomatoes, olives, cucumber, chives, basil and garlic.
3. Add in cooked pasta and vegan mayonnaise. Mix well.
4. Season with salt and pepper.
5. Serve chilled or at room temperature.

Source: Nutricia