

## French Toast with Mixed Berries

Serves 1

### Ingredients

2 slices low protein bread  
50ml Loprofin milk  
1 tsp Loprofin Egg Replacer  
1 tsp vanilla essence  
Large knob of butter  
*Cinnamon and berries of your choice*



### Method

1. Blend together the Loprofin Egg Replacer, Loprofin milk and vanilla essence until smooth.
2. Heat the butter in a frying pan.
3. Dip the bread slices in the "egg" mixture, making sure that both sides are covered.
4. Fry on both sides until golden brown.
5. Serve with berries of choice and cinnamon sprinkled on top.

Recipe from Nutricia