

## Soft Drinks for PKU and TYR

### Squashes and Cordials

#### Tesco



#### Mi Wadi (available in Tesco, Supervalu and Dunnes)



**Be careful!** Only these Mi Wadi 0% Sugar products are suitable. Other Mi Wadi products of the same flavour contain Aspartame.



#### Ribena (available in Tesco, Supervalu and Dunnes)



**Be careful!** The other Ribena cordial contains Aspartame. The bottles are very similar

**Robinsons (available in Tesco, Supervalu and Dunnes)**



**Be careful! Other Robinsons products contain Aspartame.**



**Bottlegreen(available in Tesco, Supervalu and Dunnes)**



**Dunnes Stores**





**Supervalu**

**Belvoir (available in Tesco and Dunnes)**



**Aldi**



**Marks and Spencer**



## Flavoured Waters

### Tesco



### Ballygowan (widely available)



### River Rock (widely available)





**Volvic (widely available)**

**Ice (available in Supervalu and others)**



**Dunnes Stores**



**Aldi**



**Marks and Spencer**



July 2024 Information correct at time of printing. Always check the label as ingredients can change

## Fruit Juices/ Juice drinks/Pressé

### Tesco



### Robinsons (available in Tesco, Supervalu and Dunnes)





**Ribena**



**Capri Sun**



**Be careful!** The other flavours of Ribena juice contain Aspartame.

**Cawston Press**



**Innocent**



**Jaffa Gold**



**Be careful!** The other flavours of Jaffa Gold juice and Orange Splash mini cartons contain Aspartame.

**Rubicon**



**Kulana**



**Ocean Spray**



**Squeez**



**Tropicana**





**Vit Hit**



**Vita Vibe (The Happy Pear)**



**Bottlegreen**



**Supervalu**



**Shloer**



**Dunnes Stores**



**Aldi**







**Marks and Spencer**





## Fizzy Drinks

### Coco-Cola



**Be careful!** The other types of Coco Cola and Diet Cola contain Aspartame.

### Pepsi



**Be careful!** The other types of Pepsi and Pepsi Max contain Aspartame.

### 7 Up



**Be careful!** The other type of 7Up contains Aspartame.

### Orangina





### Club



**Be careful!** The other types of Club contain Aspartame.

### Sanpellegrino



### Lipton



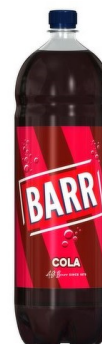
### Cidona



### Schwepps



### Barr



**Be careful!** Other drinks by Schwepps and Barr contain Aspartame.

### Tesco



### Aldi



Be careful! Other similar drinks in the Vive range by Aldi contain Aspartame.

### Marks and Spencer







**Contain Aspartame**





**Contain Aspartame**

(Aldi Vive range)