



## *Hot and Spicy Sweet Potatoes*

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### INGREDIENTS

- 2 large sweet potatoes (about 500g/1lb)
- 4 tablespoons of olive oil
- 2 tablespoons of fresh thyme leaves
- 1 red scotch bonnet chilli, seeded and finely chopped

Difficulty 4/5

Preparation time: 15 minutes

Cooking Time: 45 minutes

### DIRECTIONS

1. Peel the sweet potatoes and cut crossways into slices 2.5cm thick. Lay each potato on a large sheet of foil, keeping the slices together.
2. Drizzle each potato with the olive oil, sprinkle with the thyme leaves, about half of the chopped chilli and season with plenty of salt and pepper. With your hands, massage the flavourings into each slice. Replace the slices in their original positions. Lay a thyme sprig across the top of each potato and sprinkle with the remaining chilli. Wrap the foil securely round the potatoes to make two parcels.
3. Put the foil parcels on the rack over the hottest part of the barbecue and cook for 45 minutes until the potatoes are buttery and softened.  
(Test with the point of a knife to check they're ready.)