

Dairy Free Cereal Bars

Aldi



Harvest Morn Crunchy Granola Bars: Oat & Honey/ Maple Syrup/ Oats & Dark Chocolate



Eatz Oat Bites Sticky Toffee Flavour/ Cocoa & Vanilla Flavour

Belvita (available in Tesco and Dunnes)



Soft Bakes: Breakfast Red Berries/ Golden Oats/ Strawberry Filled/ Blueberry

Eat Natural (available in Tesco)



Protein Peanuts & Dark Chocolate

Deliciously Ella (available in Tesco, Supervalu, Holland & Barrett and Online Health Stores)



Oat bars: Cacao & Almond/ Peanut Butter/ Apple & Raisin/ Hazelnut, Pecan & Maple/ Cacao & Orange/ Lemon & Poppy Seed

Flahavans (available in Tesco, Supervalu and Dunnes)



Irish Oaty Flapjacks: Original/ Cranberry & Orange/ Choc Chip/ Chocolate & Hazelnut/ Dark Choc & Orange

Go Ahead (available in Tesco and Dunnes)



Fruit & Oat Bakes Apple

Information correct at time of printing August 2024
Always check the label as ingredients can change

Nature Valley (available in Tesco, Supervalu and Dunnes)



Crunchy bars: Oat & Honey/ Oats & Dark Chocolate/ Canadian Maple Syrup



Soft Baked Muffin Bars Chocolate Chip/ Lemon Poppy Seed

Trek (available in Tesco, Supervalu, Dunnes and Holland & Barrett)



Protein Flapjack: Original Oat/ Cocoa Oat/ Smooth Lemon/ Salted Caramel/ Peanut Butter/ Cocoa Chaos/ White Choc & Raspberry



Power: Millionaire Shortbread/ Peanut Butter Crunch

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The Happy Pear (available in Supervalu)



Cocoa Granola Crunch Bar

Holland & Barrett



Flapjack bar: Apple & Cinnamon/ Cherry Bakewell/ Ginger

Marks & Spencer



Breakfast Bars Peanut & Dark Chocolate/ Peanut & Raspberry

Oats & Honey Cereal Bars/ Nuts, Oats and Honey Bars/ Almond, Blueberry and Cranberry

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