

“My Special Drink”

Every morning when I rise,
Open up my sleepy eyes,
Brush my teeth and comb my hair,
Take my drink with breakfast,
Sluuurrrpp “Ahhhh, Mom/Dad I’m ready, to go!”

(Chorus)

Special drink, three times a day,
Helps me grow in every way,
Keeps me strong each step I take,
My special drink is here to stay,
Stronger and healthier day by day.

One drink down two more to go,
Its lunchtime and I’m feeling slow,
My tummy is rumbling like a drum,
Rumble, rumble, Rumble, rumble,
“Oh, I almost forgot, it’s special drink O’ clock.”

As the day winds down the stars appear,
I take my special drink bedtime is near,
Dreamy dreams, tucked in tight,
Shhhhhh Goodnighttt.