

Low Protein Easter 2024

Nomo (available in Tesco, Dunnes and Holland & Barrett)





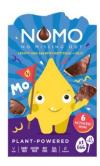




Choc Fudge Bunny (30g)/ Cookie Dough Bunny (30g) = ½ exchange

Mini Cookie Dough Bunnies 5 pack (53g) 1 bunny = free/ 3 bunnies = ½ exchange

Easter Bunny (90g) half bunny (45g)= 1 exchange



Little Monsters Egg and Lolly

Lolly (12g) = Free

Half Egg (40g) = 1 exchange

Half Egg + Lolly = 1 exchange



Caramel Egg and Bar

Bar (38g) = 1 exchange

Half Egg (55g) = 1 exchange

Whole Egg (110g) = $2\frac{1}{2}$ exchanges



Cookie Dough Egg and Bunny

Bunny (30g) = $\frac{1}{2}$ exchange

Half Egg (65g) = $1\frac{1}{2}$ exchanges

Whole Egg (130g) = $3\frac{1}{2}$ exchanges





Creamy Choc Egg and Mini Bars

Mini Bar (11g) = free 2 x mini bars = $\frac{1}{2}$ exchange

Half Egg (55g) = $1\frac{1}{2}$ exchanges

Half Egg + 1 mini bar = 1½ exchanges

Aldi



Dairyfine Free From Strawberry Flavour and White Choco Luna the Lamb

Half Lamb (42.5g) = 1 exchange

Whole Lamb (85g) = $1\frac{1}{2}$ exchanges



Dairyfine Free From Orange Choco Bertie the Bunny

Half Bunny (42.5g) = 1 exchange

Whole Bunny (85g) = $1\frac{1}{2}$ exchanges



Dairyfine Free From Eggstreme Choco Egg

Half egg (55g) = 1 exchange

Whole Egg (110g) = $2\frac{1}{2}$ exchanges



Dairyfine Free From Honeycomb Choco Egg

Half egg (55g) = 1 exchange

Whole Egg (110g) = 2 exchanges



Easter Jellies



Aldi - Dominion Easter Fizzy Sweet Mix Free



Lidl - Favorina Animal Party

50g = free

 $100g = \frac{1}{2}$ exchange



M&S - Percy Pig Great Egg-scape

50g = free

 $100g = \frac{1}{2}$ exchange



Haribo Eggs Galore

16g mini bag = 1 exchange