

Low Protein Jellies and Sweets



Chewits Strawberry/ Blue Raspberry/ Fruit Salad 30g tube = Free

Rowntrees Fruit Pastilles 1 tube = Free



Rowntress Jelly Tots 42g packet = Free

Tesco Jelly Beans 200g bag up to 150g= Free, whole bag ½ exchange

Fruit-tella 41g tube = Free

Rowntrees Pick & Mix 150g bag = Free



Starburst 45g bag = Free

Skittles/ Skittles Chewies 45g bag = Free



Haribo Funny Mix = Free / Haribo Giant Strawbs 12 sweets = Free
Haribo Maoam Pinballs 7 sweets = Free



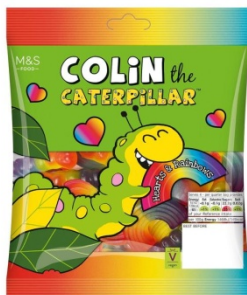
Swizzels Parma Violets/ Giant Love Hearts / Scrumptious Sweets/ Drumstick Choos = Free



Swizzels Love Hearts/Giant Refresher Bar/ Refresher Choos = Free
Swizzels Luscious Lollies up to 150g = Free / Mummy Mix up to 300g = Free



M&S Colin the Caterpillar Fruit Sours/ Cola Gums/ Fruit Gums, Cherry Gums = Free



M&S Colin the Caterpillar Hearts & Rainbows = Free

M&S Percy Pig Phizzy Pigtails ½ bag (85g) = Free

M&S Percy Pig Fruit Chews/ Phizzy Chews ¼ bag (37.5g) = Free



M&S Percy Pig Original Veggie Percy/ Percy Pig/ Piglets ¼ bag (42.5g) = Free



Lidl Sweet Corner Henry Hippo = Free

Lidl Sweet Corner Susie the Snake Sour Fruit Chews = Free

Aldi Dominion Jelly Beans Original/ Jelly Beans Sours = Free



Sour Patch Kids 7 sweets = ½ Exchange

Swizzles Drumstick Squashies Mini Bags 14g bag = ½ Exchange

Swizzles Drumstick Squashies Original 60g bag half a bag (30g) = 1 Exchange



Rowntrees Randoms 6 sweets = 1 Exchange

The Natural Confectionery Company Jungle Jellies 9 sweets = 1 Exchange

Always check the label as ingredients can change

Updated October 2023