

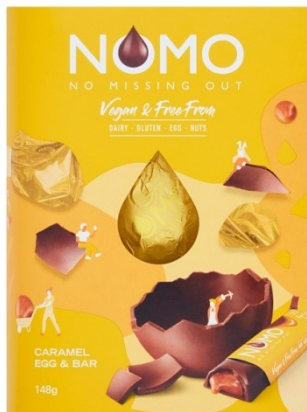
## Low Protein Easter Chocolate 2022

### Nomo

Available in Holland and Barrett, large eggs also available in Supervalu



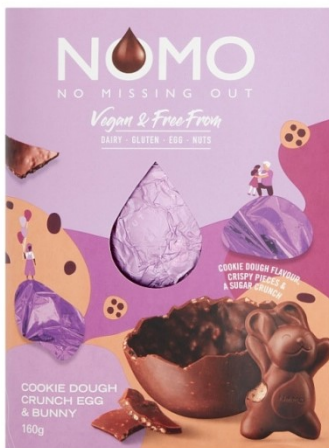
**Bunny (30g) = ½ exchange**



**Caramel egg and bar**

**Half Egg (55g) = 1 exchange**

**Chocolate bar (38g) = 1 exchanges**



**Cookie Dough Crunch egg and bunny**

**Half Egg (60g) = 1.5 exchanges**

**Bunny (30g) = ½ exchange**



**Caramel and Seasalt egg and bar**

**Half Egg (55g) = 1.5 exchanges**

**Chocolate bar (38g) = 1 exchanges**

## Aldi (Specials)



**Dairyfine Free From Orange Choco Egg**

**Half Egg (50g) = 1 exchange**

## Buttermilk

Available in Holland and Barrett



**Buttermilk Dairy Free Choccy Easter Egg**

**Half Egg (50g) = 1.5 exchanges**