

## **Orange Glazed Carrots**

## Ingredients

1350g carrots, peeled

1 pint water

30 g butter or margarine

2 tablespoons brown sugar

1 orange-grated rind and juice

1.5 litre serving dish

## Method

- 1. Place the carrots, water, butter/margarine, sugar, orange rind and juice in a large pan.
- 2. Bring to the boil and simmer for 12-15 minutes or until just tender. By this time, most of the water should have evaporated to a butter glaze.
- 3. If not, remove carrots with a slotted spoon and transfer to a serving dish.
- 4. Boil the remaining liquid to reduce and pour over the carrots.

