

Animal Pasta with Green Pepper Sauce

Ingredients

100g Loprofin Animal Pasta

2 tablespoons olive oil

1 onion, finely chopped

1 clove of garlic, crushed

2 green peppers, seeded and diced

4 tomatoes, chopped

Salt and black pepper

50ml water

Method

1. Heat the oil in a medium pan; fry the onion and garlic for 2-3 minutes, until soft.
2. Add the peppers, tomatoes and water - cover and leave to simmer for 10-15 minutes.
3. Three quarters fill a saucepan with water. Bring to the boil and add the Loprofin Animal Pasta, oil and salt to the pan.
4. Return to the boil (stirring) and cook for 8-10 minutes, stirring occasionally to prevent the pasta from sticking together. When the pasta is cooked, drain well.
5. Once drained, place the cooked pasta back into the saucepan and stir in the green pepper sauce.

This recipe was provided by Nutricia Metabolics