

Garlic Fingers

Ingredients

1 packet Low Protein Bread Rolls

75g/3oz butter, softened

2 cloves garlic, crushed

1 tablespoon dried parsley

Salt

Method

- 1. Cut the bread rolls into fingers.
- 2. Mix together the butter, crushed garlic and dried parsley and spread thickly onto one side of the fingers.
- 3. Place under a hot grill for 5-10minutes until crisp and golden.

