

Easter Scones

Ingredients

225grams/9oz. low protein flour

1 tsp of baking powder

2 tsp of low protein egg replacer

50g / 2oz. castor sugar

50g/2oz. butter

2 tsp of mixed spice

40/1½ oz. mixed peel

100mls of low protein milk

Makes 6-8 scones

Method

- 1. Preheat the oven to 220°C/ 425°F/ gas mark 7
- 2. Place the low protein flour, baking powder, egg replacer, mixed spice, and castor sugar into a bowl
- 3. Cut the butter into pieces and rub into the dry ingredients until the texture resembles breadcrumbs
- 4. Alternatively place the above ingredients into a food processor and blend for 15-20 seconds
- 5. Gradually stir in the low protein milk until a soft not sticky dough is formed
- 6. Place the mixture onto a surface dusted with low protein flour and knead lightly
- 7. Roll out the dough to approx. 1 inch in thickness
- 8. Use an Easter themed cutter (bunny/ chick) to cut the dough
- 9. Place the scones on a greased baking tray and bake in pre-heated for 8-10mins, until well risen and lightly raised.