

Coronation Style Pasta Salad

Ingredients

100g Loprofin Penne or Fusilli

1 tomato, finely chopped

100g cucumber, finely chopped

Pinch of fresh coriander

½ pepper (any colour)

¼ teaspoon curry powder

¼ teaspoon garlic purée

15g sultanas (optional)

4 tablespoons salad cream – check protein content on label

Method:

1. Three quarters fill a saucepan with water. Bring to the boil and add the Loprofin Penne or Fusilli, oil and salt to the pan.
2. Return to the boil (stirring) and cook for 8-10 minutes, stirring occasionally to prevent the pasta from sticking together. When the pasta is cooked, drain well.
3. Mix all the ingredients together in a bowl.
4. Add the pasta and serve cold.