

BREAD MAKER RECIPE

Ingredients

300ml/12fl.oz water

1 tablespoon vegetable oil

350g/14oz Juvela Low Protein Mix/Loprofin Mix

½ teaspoon salt

1 tablespoon dried yeast (measured from sachet supplied with mix)

Method

- 1. Place the water and vegetable oil in the bread pan. Add the Low Protein Mix, salt and yeast and place the bread pan in the bread maker.
- 2. Select the WHOLEWHEAT programme, although generally longer, this slower programme is beneficial when making low protein bread.
- 3. Once the paddle starts to mix use a rubber/plastic spatula to incorporate any mix from the sides of the pan.
- 4. When baked, leave the loaf to cool slightly before removing the pan.

Note

The paddle may stay in the loaf. Take care removing it as it will be hot.