

Apple Crumble

Ingredients

2 medium sized cooking apples

95g low protein flour

60g brown sugar

45g soft butter

Cinnamon

18cm baking tin

Method

- 1. Peel the apples and cut them into very tiny strips.
- 2. Then place them on the butter-covered baking tin.
- 3. Powder them with the cinnamon.
- 4. Place the flour, brown sugar and soft butter in a bowl. With your hands, mix the ingredients together until they look like bread crumbs.
- 5. Sprinkle them onto the apples and cinnamon in the baking tin.
- 6. Bake in a pre-heated oven at 180°C for about 20 minutes.

