



National Centre for Inherited Metabolic disorders (NCIMD),
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NURSING GUIDELINES FOR MANAGEMENT OF INHERITED METABOLIC DISORDERS

COMPILED BY THE NURSING STAFF OF THE NCIMD.

FOREWORD

The objectives in preparation of *Nursing Guidelines for Management of Inherited Metabolic Disorders (IMD)* are to increase the knowledge base of nursing staff involved in the delivery of care to patients with an IMD, provide a resource material for reference and ultimately ensure the consistent delivery of high quality care to patients attending the National Centre for Metabolic Disorders.

Readers of this document are reminded that prescription of dietary regimes and all medications (including insulin, minerals, vitamins and trace elements) is the responsibility of the Metabolic Consultant. These guidelines may only be used under the supervision and guidance of a Metabolic Consultant.

The guidelines were first made available in 2004. Catherine McDonnell and Caroline O'Connor worked tirelessly at compiling the original document and as a result assisted numerous nurses understanding of the more common disorders and the nursing care of children with an IMD and their families.

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