



**LOW PROTEIN
COOKERY
WORKSHOP**

9.30am, 15th June 2016
Temple St Children's Hospital

Helping your little ones, reach for the stars...

Please come and join us for a fun, practical low protein cookery event.

 **Date:** Wednesday, 15th June 2016

 **Time:** 9.30am - 12.30pm


 **Location:** Metabolic Unit, Temple St Children's Hospital

AGENDA

09.30–10.00 **Welcome & Registration**

10.00–12.30 **Cookery demonstration and Hands-on Workshop**

BE INSPIRED BY OUR NUTRITION EXPERT, DIET CHEF MONA TAYLOR

 Over the last 15 years, the main focus of my work has been in managing low protein diets for patients with metabolic disorders. I educate and promote the use of clinical nutritional dietary products for patients.



As a trained and skilled communicator, I have an enthusiasm for working with people, so engaging with patients and dietitians to establish their needs in the effective management of their diet is one of my key roles."



Please email your RSVP before [Day, Date Month 2016] to:
Nutricia Events coordinator Elaine at elaine.pennefather@nutricia.com
or events.ireland@nutricia.com. Alternatively, for more information
please call the Event Freephone on **1800 300 414 (ROI)** or **0808 234 5249**