

Coffee Ice Cream

Ingredients

500ml of chilled whipping cream made using low protein milk (See recipe in cream recipes)

70g of caster sugar

1 ½ teaspoons of instant coffee granules

Method

1. Put the chilled low protein whipping cream into a bowl and use an electric hand held mixer to whip the cream for about 2-3 minutes until it is thickened, light and airy.
2. Add the sugar and coffee granules to the whipped cream and use the electric hand held mixer to mix for a further 1-2 minutes.
3. Taste the mixture to see if more sugar is needed.
4. Pour the mixture into a large plastic freezer proof container and place in the freezer.
5. Leave for about an hour, or until it is quite firm and beginning to go solid around the edges.
6. Remove from the freezer.
7. Using a fork or wire whisk quickly beat the ice cream to break up the ice crystals.
8. Place the ice cream back in the freezer to refreeze for at least 3 hours.