

JESSICA

MY EXPERIENCE WITH MY CONDITION

Hello. I was born with a condition called MSUD. I have had it all my life. I first realised I had when I was 3 or 4 when my family ate different things to me. I started school when I was 5 and a half. I took my drink to school everyday and still do. Some class mates said that the drink was smelly, but I had to take it anyway. I found my condition hard when it came to food. I couldn't eat some of the stuff that my friends eat. It is getting easier as I get older because if I have a lot of exchanges I can have normal food like chips, and I don't have to bring all my special food with me when I'm out with my family. My mum worries a lot about me getting sick (which is really annoying sometimes) but I try to go out with my friends and not have to worry about my condition or infection. I am in second year now in secondary school, and have lots of friends. I do youth club every Friday night and go to discos (when my parents allow me) with my friends. My family are very, very supportive. I know they're always there for me and I love them for that. I never let my condition get the best of me... Jessica, November 2015