

Hot Chocolate Sauce

25 g of Betty Crocker Ready to Spread Icing, Chocolate*

1 teaspoon of Prozero milk

*check label for protein content

Method

1. Place the ingredients in a microwave proof dish.
2. Add the Prozero milk and stir.
3. Place the microwave on medium power for a few seconds until the chocolate is melted and hot.
4. Take out and serve.

Taken from Quick 'n' Easy recipe Prozero Booklet by Vitaflo