

## **Soya Custard (4 servings)**

### **Ingredients**

1 pint (600ml) soya milk

2 rounded tablespoons custard powder

1 tablespoon sugar

### **Method**

1. Blend custard powder with 2-3 tablespoons of soya milk to make a smooth paste.
2. Gently heat the remaining soya milk and sugar until it begins to simmer.
3. Pour the blended custard mix into the simmering soya milk.
4. Return to heat and stir constantly until the custard thickens.