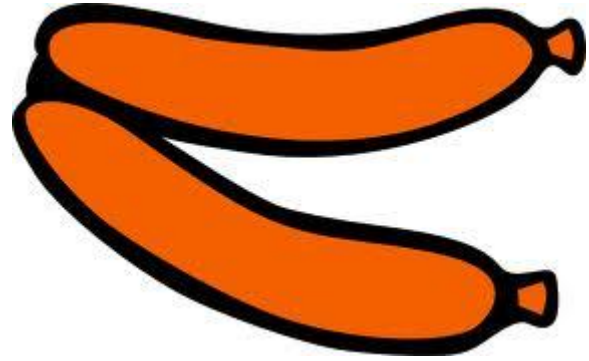


Recipe for Low Protein Sausages

Ingredients:

4 lbs (1920g) of low protein bread
0.2 lbs (96 g) of seasoning
2.5 lbs (1200 g) of pork fat
1.73 lbs (830 g) of iced water
0.3 lbs (144 g) of bran*
 $\frac{3}{4}$ teaspoon of low protein egg white replacer



*check protein content on label

Casing: Sheeps gut lining

Yield: 5 sausages per $\frac{1}{4}$ lb (120 g) = 175 sausages per 8.73 lbs (4190 g)

Analysis: 0.15 g protein per sausage. 7 sausages = 1 exchange