

Promin Spicy Sausage

Ingredients

Promin Low Protein Sausage Mix

Promin Low Protein Pasta in Sauce Moroccan

Promin Low Protein Imitation Rice

Method

1. Mix, form and cook Promin Sausage Mix as instructed on the pack. When cooked and cooled, slice the sausages.
2. Remove the pasta spirals from the sachet.
3. Put 50g of Promin Imitation Rice together with the sauce mix in a saucepan and mix with 200ml of water.
4. Cover and simmer for 5-6 minutes.
5. Add the sausage slices and simmer for a further 5-6 minutes. Stir well.