

Promin Chocolate & Red Fruit

Ingredients

Promin Low Protein Chocolate Hot Breakfast

Promin Low Protein Custard Dessert

35g dried red fruit e.g. glace cherries, cranberries

20g brown sugar

Method

1. In a small bowl add 20g of brown sugar and 35g combined glace cherries and cranberries to a sachet of Promin Low Protein Chocolate Hot Breakfast.
2. Add 50-60ml of cold water and mix well.
3. Place into a microwavable tub and microwave on full for 1 minute 15 seconds (based on an 800W microwave).
4. Carefully turn onto a serving plate and serve with Promin Low Protein Custard.

This recipe was provided by Promin