

## Mushroom Coronation Ciabatta

### Ingredients

- 8 button mushrooms, halved\*
- 2 spring onions, sliced
- 1 tablespoon olive oil
- ½ tablespoon curry powder
- 1 teaspoon sweet chutney or apricot jam
- 2 tablespoons mayonnaise
- 1 Low protein bread roll, cut in half
- \* may need to count as exchanges



### Method

1. Gently fry the mushrooms and spring onions in the olive oil. Stir in the curry powder.
2. Remove from the heat when the mushrooms are soft and stir in the chutney or apricot jam.
3. Allow to cool before stirring in the mayonnaise.
4. Chill the mixture and pile it on top of a bread roll.