

Fate Blueberry Muffins

Ingredients

325g Fate Low Protein All-Purpose Mix

150g soft light brown sugar

1 teaspoon baking powder

120g soft margarine

240ml pure orange or apple juice

180g blueberries

Preheat oven to Gas Mark 6/200°C/400°F

Method

1. Place the Fate All-Purpose Mix into a mixing bowl. Add the light brown soft sugar and baking powder. Stir.
2. Add the margarine and the orange or apple juice, and using a wire whisk, mix quickly for 1 minute until well blended and smooth.
3. Stir in the blueberries.
4. Divide the mixture between 12 large muffin paper cases set inside a muffin tin.
5. Bake in a preheated oven for 25-30 minutes until risen and golden brown.
6. Place on a rack to cool.
7. The muffins freeze well.

This recipe is provided by Fate

