

## **Bruschetta**

### **Ingredients**

1 tomato

10 fresh basil leaves

Small red onion

Loprofin Low Protein Sliced Loaf

5-10ml olive oil, according to taste



### **Method**

1. Chop the tomato, removing all the seeds. Chop the onion and basil finely and then mix with the tomato.
2. Toast or grill the low protein bread, drizzle with olive oil and place mixture on top.